

**MUNICIPAL COUNCIL OF QUATRE BORNES**  
**WELFARE DEPARTMENT**  
**Courses Offered by the Council**

<b>SN</b>	<b>Social Halls</b>	<b>Courses</b>	<b>Day</b>	<b>Time</b>
1	Belle Rose Complex	Yoga	Monday	9 am - Noon
			Tuesday	9 am – 10.30 am
			Wednesday	4 pm – 5.30 pm
			Friday	4.30 pm – 6.00 pm
		Dress making / crochet / paintwork on cloth	Monday	9 am – 3 pm
			Tuesday	
Thursday				
2	Cardinal J.M, St Jean	Yoga	Tuesday	9.30 am – 11.00 am
			Thursday	4 pm – 5.30 pm
3	Dr James B.D, Sodnac	Yoga	Monday	10 am – 11.30 am
				4.30 pm – 6 pm
			Wednesday	4 pm – 5.30 pm
			Friday	4 pm – 5.30 pm
			Saturday	10 am – 11.30 am
4	Kennedy	Yoga	Tuesday	9.30 am – 11 am
				5 pm – 6.30 pm
			Saturday	9 am – 10.30 am
		Aerobic	Friday	5 pm
5	Nelson Mandela, Berthaud	Yoga	Monday	9 am - Noon
			Tuesday	9 am – 10.30 am
			Wednesday	9 am – 10.30 am
				10.30 am - Noon
			Saturday	8.30 am – 10 am
		3.30 pm – 5 pm		
		Aerobic	Monday	3 pm
			Tuesday	11 am
			Friday	4 pm
		Kick boxing	Monday	5.30 pm – 8.30 pm
Wednesday	5.30 pm – 8.30 pm			
6	Pellegrin	Yoga	Tuesday	5 pm – 6.30 pm
7	Prof. B.Bissoondoyal.B, Bassin	Yoga	Monday	9 am – 10.30 am
			Tuesday	5 pm – 6.30 pm
			Saturday	9 am – 10.30 am
		Aerobic	Tuesday	9 am
		Dress making / crochet / paintwork on cloth	Wednesday	9 am – 3 pm
8	Shri. I.Gandhi, Palma	Yoga	Tuesday	9 am – 10.30 am
			Wednesday	4 pm – 5.30 pm
			Thursday	9 am – 10.30 am
		Aerobic	Monday	9 am & 4 pm
		Dress making / crochet / paintwork on cloth	Friday	9 am – 3 pm
9	Sir C.G. Duval, Res. Père Laval	Yoga	Monday	9 am – 10.30 am
			Wednesday	9 am – 10.30 am
				4.30 pm – 6 pm
		Aerobic	Tuesday	9 am
			Saturday	2 pm

