

MUNICIPAL COUNCIL OF QUATRE BORNES

Welfare Department

Conditions for the post of Part Time Yoga and Aerobics Instructor

Allowance: Rs 380.00 per session of 1 ½ - 2 hours

Allowance payable is inclusive of travelling allowance

Qualification: *By selection from among candidates possessing*

either

A coach certificate from a recognised institution in Aerobic or Yoga

Or

At least three years' practical training in aerobics or Yoga as applicable

Or

Any other relevant qualification acceptable to the Municipal Council of QuatreBornes

Age: 18 – 60 years

Residential Address: *Applicants should be inhabitants of the Town of Quatre Bornes. Documentary evidence to substantiate the proof of address should be submitted for the past 3 months either CWA, CEB or Mauritius Telecom utilities bill with the expression of interest.*

Duties:

1. *To instruct, teach, demonstrate and supervise yoga/ or Aerobics classes in municipal centres per session of 1 ½ to 2 hours;*
2. *To be responsible of the compact disc/DVD player provided for the running of the Course;*
3. *To make good of any damage caused to the compact disc/DVD player;*
4. *To be responsible of entries of students attending courses;*
5. *To ensure that all students are residents of the town of Quatre Bornes;*

6. *To be responsible of the safety and security of students attending the courses;*
7. *To be responsible for the regular attendance of students;*
8. *To be responsible for the submission of monthly report of attendance to the Welfare Department of he Council*
9. *To be responsible to ensure a minimum attendance of 20 students per session on each site allocated filling which the session may be cancelled or suspended;*
10. *To be responsible for the discipline of students within the yoga/aerobics classes;*
11. *To provide first aid when required;*
12. *To ensure that the client has the proper training gear.*

NOTE: *The Council reserves the right:*

- *to terminate with the services of the instructor by giving a written one month's notice;*
- *to cancel this exercise and also not to accept any expression of interest nor will it assigns any reason for rejection of same."*

Rec. at Welfare Committee of 16/01/17

Approved at Council meeting of 26/01/17